



## OUR PRIORITIES

### PREVENTION

Promote healthy lifestyle choices, mental health, reduce acts of violence, chronic illness, and the use of tobacco and other substances

### ACTIVE LIVING

Provide safe, accessible places for all ages to be active and reduce stress.

### HEALTHY EATING

Increase availability of healthy, affordable fresh food.

### CLEAN ENVIRONMENT

Protect natural resources, including water, soil, and air, allowing all present and future generations to thrive.



**MARIPOSA**  
HEALTH &  
WELLNESS  
COALITION

## OUR MISSION

All Mariposa County residents will have access to opportunities to be healthy and well.





# OUR MEMBERS

The Mariposa Health & Wellness Coalition is made up of a diverse group involved in:

- Nonprofit organizations
- Healthcare and disease prevention
- Nutrition and food sustainability
- Youth engagement and support
- Education
- Children's services
- Fitness and mind/body wellness
- Group sports
- Environmental conservation
- Gardening and local agriculture
- and many others

**JOIN THE COALITION** and add your name, organizations and projects to the list!

## ABOUT MEMBERSHIP

Membership is free! All members of the community who support the mission and priorities of the Coalition are welcome to join. Meetings are held every other month. And with two levels of membership, you can participate at the level you have time for.

If you choose to work in committee, we have 6 to choose from:

- Prevention
- Access to Care
- Nutrition & Food Issues
- Tobacco/Substance Use & Cessation
- Outreach
- Executive

**It's easy to join. Contact us.**



## CONTACT US

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Mariposa Health & Wellness Coalition

### FACILITATED BY

Mariposa County  
Tobacco Education Program  
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